

THE BODY TRANSFORMATION SYSTEM GUIDE FACT SHEETS

**CLINICALLY PROVEN ALL NATURAL GLP-1 BOOSTING,
BODY SCULPTING, WELLNESS PROGRAM!**



MÖDERE

SHAPE CHOCOLATE

SHAPE is a delicious tasting, chocolate flavoured dietary supplement which combines conjugated linoleic acid with type II collagen and hyaluronic acid (HA) to nourish body composition. This combination supports weight management systems and is suitable for people on low carbohydrate diets.

PRODUCT BENEFITS

- ✓ Contains CLA (conjugated linoleic acid) which is a good fat to keep you fuelled for longer
- ✓ A natural source of type II collagen, chondroitin sulfate and hyaluronic acid to support your skin and joints from within
- ✓ Provides valuable support to low carb and keto diets to nourish your body composition



> DIRECTIONS

Shake well and take 1 tablespoon (15mL) directly by mouth daily, preferably in the morning.

> MODERE TIP

Morning smoothie anyone? SHAPE Chocolate is a great addition to give your morning smoothie something extra. Plus it's 99.9% sugar-free, so you can add great flavour, less the guilt.

OUR QUALITY PROMISE



BPA-FREE
PACKAGING



NO ANIMAL
TESTING



CLEAN LABEL
FORMULA



GLUTEN
FREE

KEY INGREDIENTS

* COLLAGEN/HA MATRIX®

Supports your skin and joints to help keep them hydrated and mobile

* CONJUGATED LINOLEIC ACID

CLA is a good fat from natural safflower that supports healthy weight management

INGREDIENTS

Purified water, safflower oil (30%, contains conjugated linoleic acid 78%), glycerin, cocoa powder, hydrolyzed collagen type II (from chicken, 3.5%: contains hydrolyzed collagen 60%, chondroitin sulfate 20%, hyaluronic acid 10%), natural flavours, xanthan gum, antioxidant (tocopherol-rich extract), sodium chloride, sunflower oil, sweetener (steviol glycosides).

PRECAUTIONS

Weight management programs take time and personal commitment to be effective, and also require diet, exercise and lifestyle changes. Ask your health professional for advice. Always read the label and follow the directions for use.

FREE FROM

Free from artificial colours and flavours, dairy, gluten, and is non-GMO and 99.9% sugar free

NUTRITIONAL INFORMATION

Servings per container: 30 Serving size: 1 tablespoon (15mL)	
Average quantity	per serving
Safflower Oil	4.5g
CLA (Conjugated Linoleic Acid)	3.4g
- Chicken Sternal Cartilage Extract	500mg
- of which Collagen Type II	300mg
- of which Chondroitin Sulfate	100mg
- of which Hyaluronic Acid	50mg

MÖDERE™ FACT SHEET

MODERE CURB

Weight Management

Curb is a dietary supplement designed to support normal, healthy GLP-1 levels and blood sugar levels already within the normal range. It features Satiety-GLP™ Support and Metabiome Prebiotic™ Technology, delivering prebiotic fibre that feeds the microbiome through slow fermentation. This supports the colonisation of beneficial gut bacteria like Akkermansia and Bifidobacterium. Enhanced with science-backed polyphenols, each peach mango-flavoured packet supports healthy weight management.**

Product Benefits

- Supports normal, healthy GLP-1 levels
- Supports healthy blood sugar levels already within normal range
- Supports Akkermansia and Bifidobacterium in the GI tract
- Supports glucose metabolism
- Supports fullness
- Supports antioxidant capacity
- Provides polyphenols*

Directions/Usage

- Mix one packet in 250 mL water and consume as directed.

Size and Packaging

- Available in an easy-to-use powder form. Convenient, ready-to-mix packets in peach mango flavour. 186g (30 serves)

Additional Information

- Vegetarian
- Gluten-free
- Dairy-free
- 99.9% sugar-free when consumed as directed
- Non-GMO

Precautions

- Always read the label and follow the directions for use.
- *Weight management programmes take time and personal commitment to be effective, and require diet, exercise and lifestyle changes. Ask your health professional for advice. Consult a health professional before use if you have pre-existing conditions or are on medication.

Who is This Product For?

- Curb is ideal for individuals looking to support normal, healthy glucose metabolism and gut microbiome balance while maintaining overall well-being.

* When combined with a healthy diet.

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Key Ingredients

- Satiety-GLP™ Support: A blend designed to support GLP-production and feelings of fullness.
- GlycoLemon™ (Fuelled by Eriomin®): A citrus-based ingredient that supports healthy glucose metabolism and provides antioxidant benefits.
- Metabiome Prebiotic™ Technology: A specialised fibre that supports gut microbiome balance by fostering beneficial bacteria like Akkermansia and Bifidobacterium.

Supplement Facts

Serving Size 1 Packet (6.2 g)
Servings Per Container 30

Amount Per Serving	% Daily Value
Chromium (as chromium-enriched yeast)	23 mcg 66%
Satiety-GLP™ Support Proprietary Blend	4.9 g †
Solnul® (Resistant Potato Starch)**, Glucomannan from Konjac Root (Amorphophallus konjac), GlycoLemon™ (Lemon Bioflavonoids Complex, 70% Eriocitrin), Green Olive Leaf Extract**, Grape Seed Extract**, Pomegranate Fruit Extract**, Green Tea Leaf Extract**, Grapefruit Fruit Extract**, Bilberry Fruit Extract**, White Grape Fruit Extract**, Red Grape Fruit Extract**, Citrus Hesperidin**	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Natural flavour, citric acid, silicon dioxide, xanthan gum, rebaudioside A, sweet potato concentrate, radish concentrate, cherry concentrate, apple concentrate, maltodextrin.

MÖDERE™ FACT SHEET

MODERE BURN

Weight Management

Burn is a multi-action formula designed to enhance thermogenesis, boost metabolism, and increase energy levels. It features Sinetrol™, a patented blend of citrus and guarana extract, which supports fat loss by promoting the conversion of stored fat into energy. Additionally, caffeine from *Coffea robusta* acts as a natural thermogenic to help increase energy expenditure. When used alongside a healthy diet and exercise, Burn supports calorie burning and improved energy expenditure.

Product Benefits

- Supports fat metabolism and calorie burning*
- Enhances thermogenesis to increase energy expenditure*
- Boosts energy levels naturally*
- Contains plant-based ingredients known for their metabolic benefits*

Directions/Usage

- Adults: Take 2 capsules with breakfast and 2 capsules with lunch. Allow at least 3 hours between doses. Do not take on an empty stomach.

Size and Packaging

- Available in 120 capsules

Additional Information

- Vegetarian & vegan-friendly
- No added milk, gluten, preservatives, artificial colours, or flavours
- Non-GMO

Precautions

- Always read the label and follow the directions for use. For adults only. Always take with food.
- Contains 155 mg caffeine per day. Limit the use of caffeine-containing products (including tea and coffee) when taking this product.
- Caffeine interacts with enzyme CYP1A2 in the liver. Consult your health professional before taking with other medicines.
- In rare cases, *Camellia sinensis* may harm the liver. Stop use and see a doctor if you have yellowing skin/eyes, or unusual: fatigue, nausea, appetite loss, abdominal pain, dark urine, or itching.
- Do not use if you are pregnant, nursing, take medication or have any medical conditions. Speak to your health professional first.

Who is This Product For?

- Burn is ideal for individuals looking to support their metabolism, improve energy levels, and enhance fat loss as part of a balanced lifestyle.



Key Ingredients

- Sinetrol™: A patented citrus and guarana blend that promotes fat loss*
- Coffea Robusta Extract: A natural thermogenic that enhances metabolism and energy production*
- Green Tea Extract: Contains EGCG, which aids in calorie burning and metabolic rate enhancement* rate enhancement*
- *When used in conjunction with a program of reduced intake of dietary calories and increased physical activity

* When combined with a healthy diet.

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MÖDERE™ FACT SHEET

MODERE PURE CHOCOLATE WHEY PROTEIN

Weight Management

Pure Chocolate Whey Protein is a premium-quality protein powder naturally rich in Branched-Chain Amino Acids (BCAAs). It is designed to support lean muscle growth and repair, making it an excellent choice for individuals looking to optimise their fitness and nutrition. With no added sugar, artificial preservatives, sweeteners, colours, or flavours, it provides a clean and effective protein source.

Product Benefits

- Provides 20+ grams of protein per serving
- Naturally rich in BCAAs to support muscle repair and growth
- Contains whey protein to deliver natural amino acids for muscle repair
- Enzyme-assisted formula promotes comfortable digestion.

Directions/Usage

- Mix one scoop in 200 mL water and stir or shake until dissolved. May also be mixed with milk or a quality milk alternative. Recommended consumption: 1-2 serves per day.

Size and Packaging

- Available in an easy-to-use powder form.

Additional Information

- Non-GMO
- No artificial colours or flavours

Precautions

- Always read the label and follow the directions for use.
- Consult a healthcare professional before use if you have any underlying health conditions.
- This product is produced in a facility that also handles wheat, gluten, soy, egg, fish, peanuts, almond, cashew, hazelnut, macadamias.

Who is This Product For?

- Pure Chocolate Whey Protein is ideal for fitness enthusiasts and individuals looking to support their lean muscle mass and daily nutrition with a high-quality protein source.

* When combined with a healthy diet.

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Key Ingredients

- Whey Protein: A high-quality protein source rich in essential amino acids that support muscle repair and maintenance.
- BCAAs (Branched-Chain Amino Acids): Help preserve lean muscle mass
- Digestive Enzymes: Assist in protein digestion, promoting better absorption.

Nutrition Information

Servings per package: 15
Serving size: 39 g (1 scoop)

	Quantity per 39 g serve	Quantity per 100 g	Quantity per 100 mL*
Energy kJ	655 kJ	1680 kJ	328 kJ
Protein	23.2 g	59.6 g	11.6 g
Fat – total	3.6 g	9.3 g	1.8 g
– saturated	1.6 g	4.1 g	0.8 g
Carbohydrate	7.8 g	20 g	3.9 g
– sugars	4.7 g	12 g	2.3 g
Sodium	65 mg	167 mg	33 mg
BCAAs	6.7 g	17.1 g	3.3 g

*when prepared in 200 mL water

INGREDIENTS: Whey protein concentrate (**milk**), **milk** protein isolate, whey protein isolate (**milk**), cocoa powder, natural flavours, maltodextrin, inulin (fructooligosaccharides), sunflower lecithin, guar gum, xanthan gum, papain powder, bromelain powder, steviol glycosides, thaumatin, sodium caseinate.

Contains: milk

This product is produced in a facility that also handles wheat, gluten, soy, egg, fish, peanuts, almond, cashew, hazelnut, macadamias.

MÖDERE™ FACT SHEET

MODERE SCULPT

Weight Management

Sculpt is formulated with a 2:1:1 ratio of BCAAs and L-glutamine to help maintain lean body mass and support healthy muscles. This naturally blue raspberry flavoured dietary supplement fits seamlessly into fitness and weight management plans focused on maintaining healthy body composition and lean muscle mass when combined with resistance training and a nutritious diet.**

Product Benefits

- Supports a normal, healthy fat-to muscle ratio
- Supports lean muscle when combined with resistance training and healthy diet
- Supports normal, healthy performance when combined with resistance training and a healthy diet
- Supports weight management and fitness plans that are focused on maintaining muscle mass and a lean body composition*
- Delivers building blocks to support normal, healthy muscle protection when combined with a healthy diet
- Maintains muscle function and comfort while you work out
- Contains vitamin D3 to support normal, healthy muscles

Directions/Usage

- Mix one scoop with 250 mL water. Mix well. Take once daily

Size and Packaging

- Available in an easy-to-use powder form. 335 g (30 serves)

Additional Information

- Vegetarian
- Gluten-free
- Dairy-free
- 99% sugar-free when consumed as directed
- Non-GMO

Precautions

- Always read the label and follow the directions for use.
- Weight management programmes take time and personal commitment to be effective, and require diet, exercise and lifestyle changes. Ask your health professional for advice.
- Consult a health professional before use if you have pre-existing conditions or are on medication.

Who is This Product For?

- Sculpt is ideal for individuals seeking to support lean muscle mass, muscle performance, and maintain overall body composition as part of their fitness regimen.

* When combined with a healthy diet.

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Key Ingredients

- Branched-Chain Amino Acids (BCAAs): A 2:1:1 ratio of L-leucine, L-isoleucine, and L-valine that supports normal, healthy muscle protection and lean muscle mass
- L-glutamine: An amino acid that aids in maintaining muscles during exercise
- Vitamin D3: an essential vitamin that contributes to the maintenance of normal muscle function.

Supplement Facts

Serving Size 1 Rounded Scoop (11 g)
Servings Per Container 30

Amount Per Serving	
Calories	40
Total Carbohydrate	3 g
Total Sugars	1 g
Vitamin D3 (as cholecalciferol)	25 mcg
L-Glutamine	3.5 g
Branched-chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine)	2.7 g
L-Arginine	300 mg
Betaine Hydrochloride	150 mg
Taurine	150 mg

Other ingredients: Coconut fruit water concentrate, flavour, citric acid, maltodextrin, malic acid, steviol glycoside, silicon dioxide, modified food starch, sucrose.

CONTAINS: Coconut.